








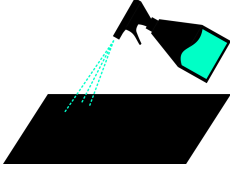



## COVID Guidelines and Protocols for Hostel

(Updated on 11<sup>th</sup> February 2022)

1.	Wearing a mask outside the resident room is mandatory for all. Everyone should wear a face mask as per the Government's instruction.	
2.	Thermal scanning of individuals for recording body temperature will be carried out regularly. Please be patient and cooperate with the activity (it's for your safety and health). Students with higher than normal body temperature may be advised to visit a doctor.	
3.	Physical distancing norms of 6 feet between individuals should be maintained in all places inside the hostel premises. It's very important to maintain this at the dining hall and other common areas.	
4.	Everyone is advised to sanitize their hands regularly by washing with soap and water or by use of alcohol-based sanitizers. Avoid touching eyes, nose and mouth with dirty/unwashed hands.	

<p>5.</p>	<p>Maintaining good personal hygiene practices and good civic habits is essential. Activities including spitting in public places, littering, dumping and disposal of used face masks or tissues in and around the hostel is prohibited. Used masks should be disposed of carefully. Cover the mouth with tissue or inside of the elbow while coughing/ sneezing.</p>	
<p>6.</p>	<p>Government advisory suggests having the Aarogya Setu app on mobile phones. You are advised to install and register in the same.</p>	
<p>7.</p>	<p>Gatherings of students for meetings or any other purpose is strictly prohibited. Meetings may be conducted online if needed.</p>	
<p>8.</p>	<p>Security Personals on campus may make polite requests for obeying protocols and record violations and report to the concerned authority. Please refrain from arguing with them as they are performing their duty for your health and safety.</p>	
<p>9.</p>	<p>Recommendation for individuals in quarantine centre/ observation facility/ self/ home quarantine does not mean that the person is COVID-19 positive. Avoid spreading rumours. Be compassionate and be helpful to your friends in quarantine, while maintaining proper protocol. Avoid social stigma around COVID-19.</p>	

10.	All parcels that are received from outside may be disinfected by spraying disinfectant or by wiping with alcohol-based sanitizers, based on the material and content of the package at the Hostel Gate.	
11.	Always carry your own bottle of water.	
12.	A night vehicle is arranged at the hostel premises for any medical emergency. The service is available between 8:00 PM to 8:00 AM only. Contact: Ms. Jenet Parmar (Ph. 9106297842)	

## 1. Guidelines for Students travelling from Home

The following guidelines are specific to students who are coming from home to stay in a hostel/ who are returning back from home to the hostel.

**1.1** Students arriving from their home do not normally require an RT-PCR test.

**1.2** Students with Covid like symptoms at home are suggested not to travel. However, if symptoms are observed on arrival at the Hostel, then consulting the Institute doctor and following prescribed guidelines is mandatory.

## 2. Measures/ Guidelines to be taken at the Hostel facility in case of any Exigency

**2.1** Infrared Thermometers are available at the hostel gate. Temperature checks of all students would be randomly performed at the entry. All are required to cooperate. After all, it's for your safety and others.

**2.2** Individuals with temperatures above 100-degrees Fahrenheit, are directed the following:

- Stay at your allotted Flat and self-monitor. Do not leave the hostel premises.
- If required, visit the hospital.
- Undertake frequent temperature checks.

- If fever persists or any other symptoms develop reach the Institute Medical Officer (Dr Maulita Kapadia). The Institute Medical Officer is available at Hostel, and Institute as per the following schedule:

<u>Day</u>	<u>Location</u>	<u>Time</u>
Monday	Hostel	7.00 pm to 8.00 pm
Tuesday	Hostel	7.00 pm to 8.00 pm
Wednesday	Institute	2.30 pm to 3.30 pm
Thursday	Hostel	7.00 pm to 8.00 pm
Friday	Hostel	7.00 pm to 8.00 pm
Saturday	Hostel	7.00 pm to 8.00 pm
Sunday	Hostel	9.00 am to 10 am

- The Institute Medical Officer is also available at, SMVS Swaminarayan Hospital, Gandhinagar - Ahmedabad Road, beside Swaminarayan Dham, Urjanagar 1, Randesan, Gandhinagar, Gujarat 382007, Hospital Contact No: +91 73737 33904. The schedule and charges are as per Hospital. (The hospital is close to the hostel <5km)
- Following Doctor's advice (which may include Covid RT-PCR or Antigen test), the RT-PCR test may be performed from any Centre (Government/ Private) as per convenience. In case you desire to have a sample collection from the hostel, you may contact Navsarjan: 8238059944 (They will charge INR 600/- per test). This agency has been suggested by the Institute Medical Officer.
- During the period of waiting for the RT-PCR report, the individual should stay in isolation and flat-mates should self isolate and monitor themselves.

### 2.3 In case anyone tests Covid-Positive the following measures are to be followed:

- Isolation flats are marked within the Hostel premises. These flats are secluded from the Hostel residential flats. Separate Isolation flats for girls and boys.
- The Covid-Positive student should shift to the Isolation flats.
- No residents of the hostel are allowed to enter the Isolation flats.
- Food may be arranged for all residents of the Flat at the doorstep during this period by the Mess vendor as food packets.
- The Covid-Positive student would be allowed to move out of the Isolation flat after 7 days of isolation/ as per the advice of the Institute Doctor. The schedule should enable students to meet the Institute Doctor at Hostel.

### 2.4 The Institute will review the pandemic situation on a regular basis, and the above guidelines related to Hostel will be revised.